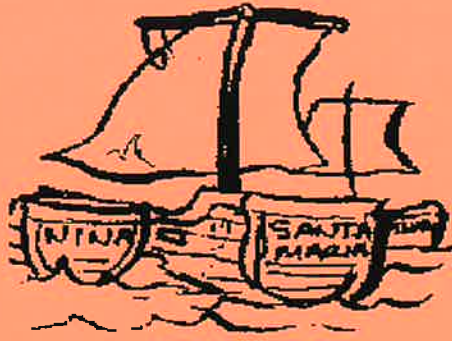


THE FALL RIVER JOINT UNIFIED SCHOOL DISTRICT



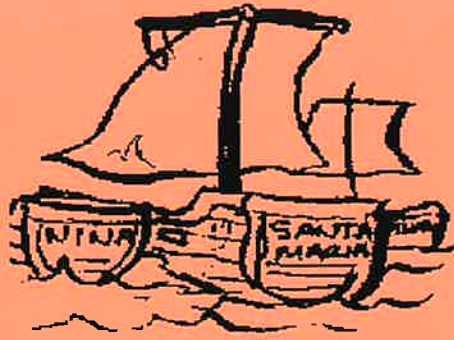
OCTOBER
BREAKFAST MENU

BREAKFAST AND LUNCH
ARE FREE TO ALL
STUDENTS.

This institution is an equal
opportunity provider.

MILK WITHOUT THE
MEAL IS .50 CENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change	1% White Milk or NF Choc. Milk Available		1 Cereal Blueberry Fruit Bar Fresh Apple Milk Chocolate Milk	2 Blueberry muffin Yogurt Mixed Fruit Milk Chocolate Milk
5 Cereal Mixed Fruit Yogurt Milk Chocolate Milk	6 Breakfast on a stick Fresh Apple Yogurt Milk Chocolate Milk	7 Blueberry Waffles Orange Juice Yogurt Milk Chocolate Milk	8 Pancakes Applesauce String Cheese Milk Chocolate Milk	9 Blueberry muffin Banana Yogurt Milk Chocolate Milk
12 Cereal Apple juice String Cheese Milk Chocolate Milk	13 Pancakes Mixed Fruit String Cheese Milk Chocolate Milk	14 Bagel Cream Cheese Yogurt Mixed Fruit Milk	15 Raspberry churro Pears Yogurt Milk Chocolate Milk	16 Chocolate chip muffin Mixed Fruit Yogurt Milk Chocolate Milk
19 Cereal Peaches String Cheese Milk Chocolate Milk	20 Pancakes Mixed Fruit String Cheese Milk Chocolate Milk	21 Bagel Cream Cheese Mixed Fruit String Cheese Milk	22 Tornadoes Pears Cream Cheese Teddy Grahams Milk	23 Chocolate chip muffin Orange Juice Yogurt Milk Chocolate Milk
26 Cereal Peaches String Cheese Milk Chocolate Milk	27 Bagel Cream Cheese Applesauce Milk Chocolate Milk	28 Raspberry churro Peaches Yogurt Milk Chocolate Milk	29 Cereal Cherry Frudel Apple juice Milk Chocolate Milk	30 Cheesy Scrambled Eggs with Biscuit Grape juice Margarine



THE FALL RIVER JOINT UNIFIED SCHOOL DISTRICT

OCTOBER LUNCH MENU

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BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS.

MILK WITHOUT THE MEAL IS .50 CENTS

Monday	Tuesday	Wednesday	Thursday	Friday
Menu is subject to change	1% White Milk or NF Choc. Milk Available		1 BBQ Pulled Pork Sandwich Mini carrots Pears Milk	2 Pepperoni Pizza Caesar salad Pineapple Milk Chocolate Milk
5 Chimichanga Refried Beans Pears Chips Salsa	6 Hot Ham & Cheese Croissant Fries Fresh Fruit in Season Milk	7 Cheeseburger Sun Chips Peaches Grape tomatoes Milk	8 Tex Mex Casserole Cornbread muffin Fresh Garden Salad Frozen Fruit Cup Margerine	9 Pepperoni & Cheese Stick Spring Green Salad Fresh Fruit in Season Vanilla ice cream
12 Corn dog Crisscut fries Mixed fruit Ketchup Milk	13 Beef taquito Seasoned beans Grape tomatoes Frozen Fruit Cup Salsa	14 Turkey & Cheese Sandwich Sun Chips Mini Carrots Fresh Fruit in Season	15 Teriyaki Chicken Rice Stir Fry Veggies Mixed fruit Breadstick	16 Cheesy stuffed breadstick Marinara Sauce Caesar salad Pineapple
19 Breaded Chicken Sandwich Fries Pears Milk	20 Chili Con Carne With Beans Cheddar Cheese Cornbread Muffin Fresh Fruit in Season	21 BBQ pork rib on a bun Tater tots Festival fruit Ketchup Milk	22 Salisbury steak beef gravy Mashed potatoes Fresh Fruit in Season Dinner Roll	23 Pepperoni & Cheese Stick Caesar salad Pineapple Milk
26 Chicken strips Potato Wedges Peaches Ketchup Milk	27 Mandarin Chicken Rice Cucumbers Pineapple Teddy Grahams	28 Tomato Soup Hot Cheese Croissant Fresh Garden Salad Fresh Fruit in Season Crackers	29 Meatballs Spaghetti noodles Spaghetti sauce Green Beans Orange	30 Cheese & Pepperoni Tornadoes Tossed Green Salad Kidney Beans Frozen Fruit Cup