



BREAKFAST

MARCH 2020

FRJUSD

Menu is subject to change
This institution is an equal
opportunity provider

Monday

Tuesday

Wednesday

Thursday

Friday

2

Cereal
Apple Juice
Yogurt

3

Raspberry Churro
Peaches
Yogurt

4

Croissant
Scrambled Eggs
Fresh Apple

5

Blueberry Waffles
Banana
Yogurt

6

Cinnamon Rolls
Pears
String Cheese

9

Cereal
Peaches
String Cheese

10

Bagel
Cream Cheese
Applesauce

11

Egg & Cheese Sandwich
Sausage Links
Orange Juice

12

Tornadoes
Pears
Teddy Grahams

13

Chocolate Chip Muffin
Mixed Fruit
Yogurt

16

Cereal
Mixed Fruit
Yogurt



17

Pancakes
Pears
String Cheese

18

Banana Bread
Scrambled Eggs
Peaches

19

Breakfast Pizza
Fresh Apple
Yogurt

20

Blueberry Muffin
Banana
Yogurt

23

Cereal
Peaches
String Cheese

24

Croissant
Fiesta Omelet
Fresh Orange

25

Raspberry Churro
Pears
Yogurt

26

Cheesy Scrambled Eggs
Bagel
Apple Juice

27

Egg & Cheese Sandwich
Strawberry Cups
Yogurt

30

Cereal
Mixed Fruit
Yogurt

31

Breakfast on a stick
Applesauce
String Cheese



1% White Milk or Nonfat Chocolate Milk Available

Monday

Tuesday

Wednesday

Thursday

Friday

2
Chicken Strips
Corn
Festival Fruit
Dinner Roll

3
BBQ Pork on a bun
Tater Tots
Tossed Salad
Fresh Apple

4
Beef Taco
Seasoned Beans
Frozen Fruit Cup
Salsa

5
Turkey & Cheese
Sandwich
Sunchips
Mini Carrots
Fresh Grapes

6
Pepperoni & Cheese Sticks
Caesar Salad
Pineapple

9
Corn Dog
Crisscut Fries
Mixed Fruit

10
Ham & Cheese
Sandwich
Macaroni Salad
Grape Tomatoes
Strawberry Cups

11
Teriyaki Chicken
Rice
Stir Fry Vegetables
Peaches
Breadstick

12
Chili with Cheese
Cornbread Muffin
Mini Carrots
Fresh Apple

13
Pepperoni Pizza
Salad with dressing
Pineapple

16
Breaded Chicken
Sandwich
French Fries
Mandarin Oranges

Happy St. Patrick's Day
17
Irish Stew
Warm Biscuit
Tossed Salad
Festival Fruit
Lime Sherbet

18
Cheeseburger
Sunchips
Fresh Apple
Grape Tomatoes

19
Chicken Tacos
Seasoned Beans
Frozen Fruit Cup
Salsa

20
Cheesy Stuffed
Breadsticks
Marinara Sauce
Caesar Salad
Pineapple

23
Chimichanga
Refried Beans
Pears
Chips & Salsa

24
Turkey & Cheese
Sandwich
Caesar Salad
Sunchips
Fresh Orange

25
BBQ Pork on a Bun
Corn
Frozen Fruit Cup

26
Turkey & Gravy
Mashed Potatoes
Spring Green Salad
Applesauce
Dinner Roll

27
Pepperoni & Cheese
Sticks
Mini Carrots
Pineapple
Vanilla Ice Cream

30
Corn Dog
Crisscut Fries
Peaches

31
Spaghetti & Meatballs
Green Beans
Mandarin Oranges
Garlic Bread

